

Break Free: Your Next Chapter Begins Here

For women ready to reclaim their freedom, rediscover adventure, and create a life they love.

You've given so much of yourself to others—family, career, obligations—but now the whisper for *more* has become a roar. It's not about starting over; it's about stepping into the **most authentic, fulfilling chapter of your life.**

You're not too old. You're not too late.

This is the moment you've been waiting for to redefine what's possible and live life **on your terms.**

What Makes This Different?

This isn't about *finding yourself*. You've lived enough to know who you are. This is about rediscovering your courage, reclaiming your freedom, and giving yourself permission to say **YES**—to adventure, to joy, to YOU.

This is for women who are done waiting.

Your 4-Week Journey to Freedom and Adventure

Week 1: Chart Your Course

- Rediscover the parts of you that got lost in the busyness of life.
- Map out your true desires—what excites you, inspires you, and makes your heart race.
- Let go of the “shoulds” that have kept you small and reconnect with what *you* want for this next chapter.

Outcome: A clear vision of the adventure that's waiting for you.

Week 2: Clear the Launch Pad

- Uncover and challenge the invisible beliefs holding you back (like “I’m too old” or “It’s too late”).
- Let go of outdated stories about who you *should* be.
- Identify and eliminate the clutter—mental, emotional, or physical—that’s keeping you stuck.

Outcome: Freedom from what’s been weighing you down and confidence to move forward.

Week 3: Build Your Navigation System

- Create a *personal compass* to make decisions that align with your desires.
- Develop small, sustainable daily practices that build momentum and keep you inspired.
- Learn to trust yourself, take bold action, and navigate fear with courage.

Outcome: Tools to make bold, confident decisions and stay grounded as you step into the unknown.

Week 4: Launch Sequence

- Design your *personal manifesto* for adventurous living.
- Create an action plan to bring your vision to life—one exciting step at a time.
- Set up systems to sustain your momentum, so this chapter feels intentional, exciting, and limitless.

Outcome: A roadmap to your next chapter, with the confidence and momentum to keep going.

Why This Is for You

You've spent decades being everything to everyone. Now it's your turn. This program isn't about escaping your life—it's about **reclaiming it**.

- **You're ready to rediscover joy, purpose, and adventure.**
- **You want to trust your intuition, take bold steps, and live fully.**
- **You refuse to let age define what's possible.**

This is where your *next adventure* begins.

Meet Your Guide: Carolyn Chebaro

"As a woman who dared to start over at 65, I know the courage it takes to step into the unknown. I help bold, adventurous women like you rediscover their freedom and reconnect with what makes them feel alive. My role isn't to give you the answers—you already have those. I'm here to help you clear the path and build the confidence to say **YES** to your desires".

You've lived enough to know what matters. Now let's create a life that *feels* as extraordinary as you are.

What Bold Women Say

"Carolyn helped me see that it's never too late to choose adventure. I feel confident, excited, and finally free to live on my own terms."

— **Tiffany H.**

"She made me realize the 'next chapter' isn't about age—it's about possibilities. I'm saying yes to life again."

— **Heather H.**

Your Investment in Freedom

\$99 for 4 weeks of transformation- approximately £78

January 7-28, 2025

What's Included:

- Weekly video modules designed for bold women 55+ ready for change
- *The Next Chapter Workbook*—your guide for reflection, clarity, and action
- Weekly live group Q&A calls where you get personalized support
- A final **1:1 coaching session** with Carolyn to celebrate your progress and set your next steps

The Next Chapter Starts Now

Enrollment closes **January 6, 2025**—and so does this window of opportunity.

This isn't just another program—it's your moment to step forward, claim what's yours, and **break free** into a life of freedom and adventure.

 [\[Claim Your Spot Now\]](#)